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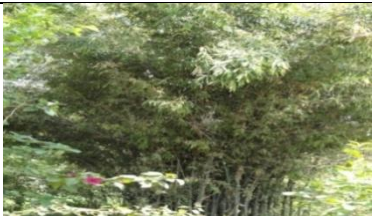


S. No.	Identified plants	Plant details & Medicinal use
1.		<p>Kaach maach</p> <p>Botanical name: <i>Solanum nigrum</i> Family: <i>Solanaceae</i> (potato family) Animal disease / condition used in: Tympany</p>
2.		<p>Gadau</p> <p>Botanical name: <i>Tinospora cordifolia</i> Family: <i>Menispermaceae</i> (Moonseed family) Animal disease / condition used in: Arthritis, Anorexia, as Galactagouge</p>
3.		<p>Fakadi</p> <p>Botanical name: <i>Ficus palmata</i> Family: <i>Moraceae</i> (Mulberry family) Animal disease / condition used in: Retention of Placenta</p>
4.		<p>Charoti</p> <p>Botanical name: <i>Prunus armeniaca</i> Family: <i>Rosaceae</i> (Rose family) Animal disease / condition used in: Black Quarter</p>
5.		<p>Batal bail</p> <p>Botanical name: <i>Cissampelos pareira</i> Family: <i>Menispermaceae</i> (Moonseed family) Animal disease / condition used in: Colic</p>







6.		<p>Bariyan</p> <p>Botanical name: <i>Acorus calamus</i> Family: <i>Araceae</i> (Arum family) Animal disease / condition used in: as an anthelmintic / Liver flukes</p>
7.		<p>Mehndu</p> <p>Botanical name: <i>Dodonaea viscosa</i> Family: <i>Sapindaceae</i> (Soapberry family) Animal disease / condition used in: Rabies, Wound treatment</p>
8.		<p>Kodisumbi / Brahmi</p> <p>Botanical name: <i>Centella asiatica</i> Family: <i>Apiaceae</i> (Carrot family) Animal disease / condition used in: Tympany</p>
9.		<p>Soot Tamaku</p> <p>Botanical name: <i>Verbascum thapsus</i> Family: <i>Scrophulariaceae</i> (dog flower family) Animal disease / condition used in: Fever of unknown origin</p>
10.		<p>Sooliyan</p> <p>Botanical name: <i>Euphorbia royleana</i> Family: <i>Euphorbiaceae</i> (Castor family) Animal disease / condition used in: Respiratory problem</p>
11.		<p>Bill Patri</p> <p>Botanical name: <i>Aegle marmelos</i> Family: <i>Rutaceae</i> (Citrus family) Animal disease / condition used in: Anoestrous</p>




12.		<p>Trimbaru</p> <p>Botanical name: <i>Zanthoxylum armatum</i> Family: <i>Rutaceae</i> (Citrus family) Animal disease / condition used in: Fever of unknown origin / Indigestion</p>
13.		<p>Kamila</p> <p>Botanical name: <i>Mallotus philippensis</i> Family: <i>Euphorbiaceae</i> (Castor family) Animal disease / condition used in: Ectoparasites</p>
14.		<p>Peele phool wali booti</p> <p>Botanical name: <i>Tridax procumbens</i> Family: <i>Asteraceae</i> (Sunflower family) Animal disease / condition used in: Prolapse of vagina</p>
15.		<p>Aadu</p> <p>Botanical name: <i>Prunus persica</i> Family: <i>Rosaceae</i> (rose family) Animal disease / condition used in: Wound treatment</p>
16.		<p>Brenkad</p> <p>Botanical name: <i>Justicia adhatoda</i> Family: <i>Acanthaceae</i> (ruellia family) Animal disease / condition used in: Fever of unknown origin / Septicemia</p>
17.		<p>Dariya aak</p> <p>Botanical name: <i>Calotropis procera</i> Family: <i>Asclepiadaceae</i> (milkweed family) Animal disease / condition used in: Haemorrhagic septicemia</p>

18.		<p>Taali tree</p> <p>Botanical name: <i>Dalbergia sissoo</i> Family: <i>Fabaceae</i> (pea family) Animal disease / condition used in: Wound treatment</p>
19.		<p>Senspai</p> <p>Botanical name: <i>Asparagus racemosus</i> Family: <i>Asparagaceae</i> (Asparagus family) Animal disease / condition used in: Arthritis</p>
20.		<p>Sailii bail</p> <p>Botanical name: <i>Cuscuta reflexa</i> Family: <i>Convolvulaceae</i> (Morning glory family) Animal disease / condition used in: Arthritis</p>
21.		<p>Simbal tree</p> <p>Botanical name: <i>Bombax ceiba</i> Family: <i>Bombacaceae</i> (baobab family) Animal disease / condition used in: Retention of placenta</p>
22.		<p>Kwadgandal</p> <p>Botanical name: <i>Aloe vera</i> Family: <i>Asphodelaceae</i> (Aloe family) Animal disease / condition used in: Constipation</p>
23.		<p>Karangal</p> <p>Botanical name: <i>Cassia fistula</i> Family: <i>Caesalpiniaceae</i> (Gulmohar family) Animal disease / condition used in: Colic</p>

24.		<p>Puthkanda</p> <p>Botanical name: <i>Achyranthes aspera</i> Family: <i>Amaranthaceae</i> (Amaranth family) Animal disease / condition used in: Upper respiratory tract problem</p>
25.		<p>Kamblu</p> <p>Botanical name: <i>Berberis lycium</i> Family: <i>Berberidaceae</i> (Barberry family) Animal disease / condition used in: Fever of unknown origin</p>
26.		<p>Oola</p> <p>Botanical name: <i>Ailanthus excelsa</i> Family: <i>Simaroubaceae</i> (Quassia family) Animal disease / condition used in: Anoestrous</p>
27.		<p>Bhang</p> <p>Botanical name: <i>Cannabis sativa</i> Family: <i>Cannabaceae</i> (Marijuana family) Animal disease / condition used in: Colic, Indigestion, Anoestrous</p>
28.		<p>Kanderi</p> <p>Botanical name: <i>Solanum surrestens</i> Family: <i>Solanaceae</i> Animal disease / condition used in: Anoestrous</p>
29.		<p>Desi khajoor</p> <p>Botanical name: <i>Phoenix sylvestris</i> Family: <i>Arecaceae</i> (Palm family) Animal disease / condition used in: Anoestrous</p>

30.		<p>Dadooni / Anardana</p> <p>Botanical name: <i>Punica granatum</i> Family: <i>Lythraceae</i> (Crape Myrtle family) Animal disease / condition used in: Liver dysfunction</p>
31.		<p>Ratti</p> <p>Botanical name: <i>Abrus precatorius</i> Family: <i>Fabaceae</i> (pea family) Animal disease / condition used in: Rabies (Dog), Septicaemia</p>
32.		<p>Taman</p> <p>Botanical name: <i>Grewia optiva</i> Family: <i>Tiliaceae</i> (Phalsa family) Animal disease / condition used in: as an Anthelmintic</p>
33.		<p>Chownathi</p> <p>Botanical name: <i>Bambusa vulgaris</i> Family: <i>Poaceae</i> (grass family) Animal disease / condition used in: as an Anthelmintic</p>
34.		<p>Goon</p> <p>Botanical name: <i>Aesculus indica</i> Family: <i>Sapindaceae</i> (Soapberry family) Animal disease / condition used in: Colic</p>
35.		<p>Sartaulli</p> <p>Botanical name: <i>Discorea deltiodi</i> Family: <i>Dioscoreaceae</i> Animal disease / condition used in: Tympany & Diarrhoea</p>

36.		<p>Ammi</p> <p>Botanical name: <i>Rumex hastatus</i> Family: <i>Polygonaceae</i> (Knotweed family) Animal disease / condition used in: Poisoning</p>
37.		<p>Chotti ammi</p> <p>Botanical name: <i>Oxalis corniculata</i> Family: <i>Oxalidaceae</i> (Wood Sorrel Family) Animal disease / condition used in: Inappetance</p>
38.		<p>litsiit</p> <p>Botanical name: <i>Boerhavia diffusa</i> Family: <i>Nyctaginaceae</i> (Bougainvillea family) Animal disease / condition used in: Colic</p>
39.		<p>Dussa</p> <p>Botanical name: <i>Colebrookea oppositifolia</i> Family: <i>Lamiaceae</i> (Mint family) Animal disease / condition used in: Sprain</p>
40.		<p>Edwaan</p> <p>Botanical name: <i>Cassia tora</i>) - a <u>legume</u> <u>Subfamily</u> : <u><i>Caesalpinioideae</i></u> Animal disease / condition used in: Colic</p>
41.		<p>Banna</p> <p>Botanical name: <i>Vitex negundo</i> Family: <i>Verbenaceae</i> (Verbena family) Animal disease / condition used in: Colic/ Indigestion</p>

42.		<p>Kethi</p> <p>Botanical name: <i>Sauromatum gutatum</i> Family: <i>Araceae</i> (Arum family) Animal disease / condition used in: Abscess Maturation</p>
43.		<p>Surajjaad</p> <p>Botanical name: <i>Clematis montana</i> Family: <i>Ranunculaceae</i> (buttercup family) Animal disease / condition used in: Toothache / Abscess Maturation</p>
44.		<p>Srein</p> <p>Botanical name: <i>Albizia lebeck</i> Family: <i>Mimosaceae</i> (Touch-me-not family) Animal disease / condition used in: Corneal Opacity</p>



Local Name : Naglash
Botanical Name : *Acorus calamus*
Habitat : Bhaderwah
Use : Diarrhoea



Local Name : Bail
Botanical Name : *Hedera helix*
Habitat : Bhaderwah
Use : Snake bite



Local Name : Chok drou
Botanical Name : *Fagopyrum esculentum*
Habitat : Bhaderwah
Use : FMD



Local Name : Zakhme hayat
Botanical Name : *Bergenia ciliate*
Habitat : Bhaderwah
Use : Wound healing



Local Name : Shungun
Botanical Name : *Skimmia laureola*
Habitat : Bhaderwah
Use : Anaemia



Local Name : Soi
Botanical Name : *Urtica dioica*
Habitat : Bhaderwah
Use : Haematuria



Local Name : Zin tola
Botanical Name : *Prinsepia utilis*
Habitat : Bhaderwah
Use : Stomatitis



Local Name : Rainta
Botanical Name : *Sapindus saponaria*
Habitat : Marmat
Use : Nasal worms



Local Name : Honi tamokh
Botanical Name : *Verbascum thapsus*
Habita : Bhaderwah
Use : Stomach ache



Local Name : Patis
Botanical Name : *Aconitum heterophyllum*
Habitat : Bhaderwah
Use : Dysentry



Local Name : Pambchalam
Botanical Name : *Rheum emodi*
Habitat : Bhaderwah



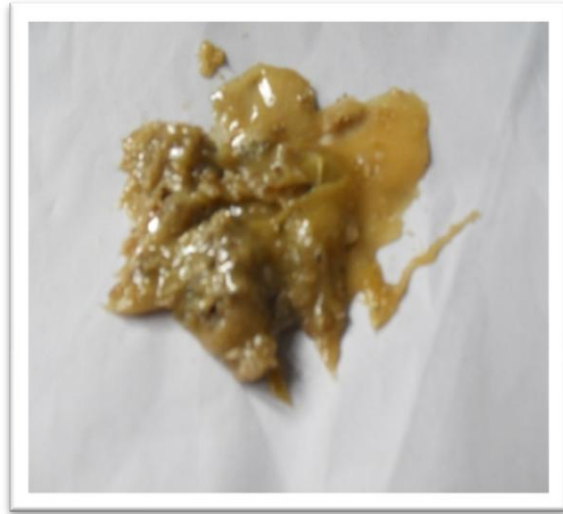
Local Name : Asral
Botanical Name : *Phytolacca acinosa*
Habitat : Bhaderwah

Use : Internal injuries

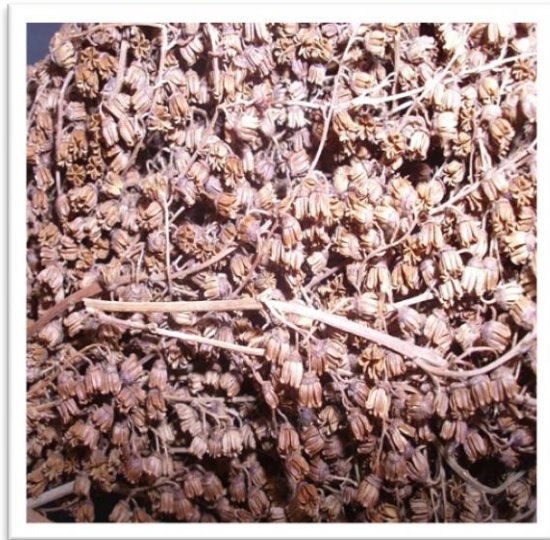


Local Name : Kour
Botanical Name : *Picrorhiza kurroa*
Habitat : Bhaderwah
Use : Stomach ache

Use : Haematuria



Local Name : Kangul(Resin)
Botanical Name : *Pinus roxburghii*
Habitat : Bhaderwah
Use : Wound healing



Local Name : Kandhe
Botanical Name : *Artemisia*
Habitat : Bhaderwah
Use : Fever



Local Name : Hubul
Botanical Name : *Rumex nepalensis*
Habitat : Bhaderwah
Use : Tympany



Local Name : Hand
Botanical Name : *Taraxacum officinale*
Habitat : Bhaderwah
Use : Colic



Local Name : Ram pori
Botanical Name : *Equisetum*
Habitat : Bhaderwah
Use : Urolithiasis



Local Name : Solie
Botanical Name : *Rabdosia rugosa*
Habitat : Bhaderwah
Use : Endoparasite



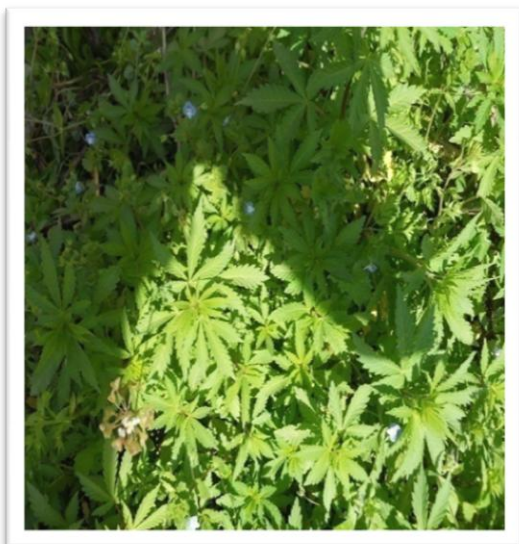
Local Name : Droub
Botanical Name : *Cynodon dactylon*
Habitat : Bhaderwah
Use : Oliguria



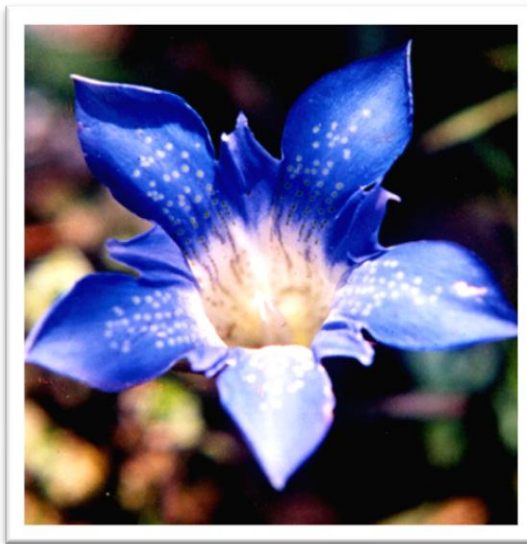
Local Name : Deodar
Botanical Name : *Cedrus deodara*
Habitat : Bhaderwah
Use : Skin infection



Local Name : Hand don
Botanical Name : *Aesculus indica*
Habitat : Bhaderwah
Use : Colic



Local Name : Bengai
Botanical Name : *Cannabis sativa*
Habitat : Bhaderwah
Use : Anoestrus



Local Name : Butien
Botanical Name : *Gentiana kurro*
Habitat : Bhaderwah
Use : Jaundice



Local Name :Van jawain
Botanical Name :*Thymus vulgaris*
Habitat :Bhaderwah
Use : Diarrhoea



Local Name :Van larh
Botanical Name:*Coccinia indica*
Habitat :Bhaderwah
Use : Retention of placenta



Local Name :Shanfole
Botanical Name : *Berberis lyceum*
Habitat : Bhaderwah
Use :Jaundice



Local Name : Ratanjal
Botanical Name : *Arnebia benthamii*
Habitat : Bhaderwah
Use : Abscess maturation



Local Name : Chouria
 Botanical Name : *Angelica glauca*
 Habitat : Bhaderwah
 Use : Tympany



Local Name :Churiata
 Botanical Name :*Fumaria parviflora*
 Habitat : Bhaderwah
 Use : Vomiting



Local Name :Anardana
 Botanical Name :*Punica granatum*
 Habitat : Bhaderwah
 Use : Liver problem



Local Name : Bish
 Botanical Name : *Aconitum deinorrhizum*
 Habitat : Bhaderwah
 Use : Maggots



Local Name : Methi
Botanical Name : *Trigonella*
Habitat : Bhaderwah
Use : Fever



Local Name : Ajawain
Botanical Name : *Trachyspermum ammi*
Habitat : Bhaderwah
Use : Indigestion



Local Name : Salam misri
Botanical Name : *Polygonum glabrum*
Habitat : Bhaderwah
Use : Enhance milk production



Local Name : Ragadmund
Botanical Name : *Polygonum amplexicaule*
Habitat : Bhaderwah
Use : Internal injuries



Local Name : Babri buol
Botanical Name : *Ocimum tenuiflorum*
Habitat : Bhaderwah
Use : Mastitis



Local Name :Hing
Botanical Name :*Ferula asafoetida*
Habitat : Ladakh
Use :Retention of
placenta



Local Name : Kuth
Botanical Name : *Saussurea costus*
Habitat : Bhaderwah
Use : Skin infection



Local Name : Duon
Botanical Name : *Sarcococca saligna*
Habitat : Bhaderwah
Use : Ectoparasites

LIST OF PLANTS USED BY ITK PRACTITIONERS

S.No	Local name	Botanical name	Family
1	Naglash	<i>Acorus calamus</i>	Araceae
2	Bail	<i>Hedera helix</i>	Araliaceae
3	Chok drou	<i>Fagopyrum esculentum</i>	Polygonaceae
4	Zakhme hayat	<i>Bergenia ciliate</i>	Saxifragaceae
5	Shungun	<i>Skimmia laureola</i>	Rutaceae
6	Soi	<i>Urtica dioica</i>	Urticaceae
7	Zin tola	<i>Prinsepia utilis</i>	Rosaceae
8	Rainta	<i>Sapindus saponaria</i>	Sapindaceae
9	Honi tamokh	<i>Verbascum Thapsus</i>	Scrophulariaceae
10	Patis	<i>Aconitum heterophyllum</i>	Ranunculaceae
11	Pambchalam	<i>Rheum emodi</i>	Polygonaceae
12	Asral	<i>Phytolacca acinosa</i>	Phytolaccaaceae
13	Kour	<i>Picrorhiza kurroa</i>	Scrophulariaceae
14	Kangul	<i>Pinus roxburghii</i>	Pinaceae
15	Kandhe	<i>Artemisia</i>	Asteraceae
16	Hubul	<i>Rumex nepalensis</i>	Polygonaceae
17	Hand	<i>Taraxacum officinale</i>	Asteraceae
18	Ram pori	<i>Equisetum</i>	Equisetaceae
19	Solie	<i>Rabdosia rugosa</i>	Lamiaceae
20	Droub	<i>Cynodon dactylon</i>	poaceae
21	Deodar	<i>Cedrus deodara</i>	Pinaceae
22	Hand don	<i>Aesculus indica</i>	Sapindaceae
23	Bengai	<i>Cannabis sativa</i>	Cannabinaceae
24	Butein	<i>Gentiana kurro</i>	Gentianaceae
25	Van jwain	<i>Thymus vulgaris</i>	Lamiaceae
26	Van larh	<i>Coccinia indica</i>	Cucurbitaceae
27	Shanfole	<i>Berberis lyceum</i>	Berberidaceae
28	Ratanjal	<i>Arnebia benthamii</i>	Boraginaceae
29	Chouria	<i>Angelica glauca</i>	Apiaceae
30	Churiata	<i>Fumaria parviflora</i>	Fumariaceae
31	Anar dana	<i>Punica granatum</i>	Puniacaceae
32	Bish	<i>Aconitum deinorrhizum</i>	Ranunculaceae
33	Methi	<i>Trigonella</i>	Fabaceae
34	Ajwain	<i>Trachyspermum ammi</i>	Apiaceae
35	Salam misri	<i>Polygonum glabrum</i>	Polygonaceae
36	Ragadh mund	<i>Polygonum amplexicaule</i>	Polygonaceae
37	Babri buol	<i>Ocimum tenuiflorum</i>	Lamiaceae
38	Hing	<i>Ferula asafoetida</i>	Apiaceae
39	Kuth	<i>Saussurea costus</i>	Asteraceae

40	Duon	<i>Sarcococca saligna</i>	Buxaceae
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