

First Aid and Emergency Care

this section is a quick-reference guide to the most common remedies used in emergency situations. It also includes some of the remedies to help deal with the consequences of such problems. In some cases you will need to use the list in conjunction with a materia medica (or the relevant sections of this book) in order to establish the most ideal remedy to use. Those remedies in bold type are the most important. Those in *italics* are a little less significant but nevertheless worth consideration.

Potency Selection

Ideally in most cases, aim to give 30c or 200c *every 60 minutes* until the symptoms abate. Where the case is very acute the dose intervals should be shorter. Likewise in less acute cases the interval between the doses can be several hours. If the suggested potencies are not readily at hand, it is best to give any available potency rather than give no remedy at all. Remedies used to help with the consequences of an injury should be used in the 30c potency and given *once or twice daily* until the condition resolves.

Where the skin or wounds are involved, affected areas can be cleaned or bathed with diluted Hypercallotion. To encourage healing and to soothe sore areas, Calendula cream can also be used.

QUICK REFERANCES:

Abscesses

Hepar sulph, Silica, Merc sol, Calc sulph, *Anthracinum*, *Tarentula cubensis*

Acute anxiety - panic

Aconite, Argentum nitricum, Phosphorus

Allergic reactions - acute Apis, Urtica, Histamine

Azoturia

Very acute Aconite, Belladonna

Acute Aesculus, Berberis, Bryonia, Actea rae, Rhustox

Bites

Animal Hypericum, ledum, *Lachesis*, *Apis*, *Belladonna*, *Arsenicum*

Insect Hypericum, ledum, *Cedron*, *Apis*, *Arsenicum album*

Snake Belladonna, lachesis, *Ledum*, *Cedron*, *Hypericum*. *Crot hott*. *Vipera*

Bleeding - poor clotting

Crot horr, Ferrum phos, Ipecac, lachesis, Nitric acid, Phosphorus, *Millefolium*

Bruising (contusions)

Arnica, Bellis, Hamamelis, ledum, Phosphorus, Ruta, Sulphuric acid

Burns

Cantharis, Urtica, Arsenicum, Sol, *Apis*

Choking - acute

lycopodium, Pulsatilla, Hyoscyamus, Aconite

Colic

Spasmodic Colocythls, Nux vomica

Flatulent Dioscorea, Mag phos, lycopodium, Chamomilla, Carbo veg

Impacted Nux vom, Plumbum, Alumina, Opium, Bryonia

Thrombo-embolic Bothrops

Collapse

In general Carbo veg, China, Arsenicum album, Camphora

From diarrhoea Arsenicum, Camphora, Carbo veg, Veratrum album

Concussion

Arnica, Cicuta, Hypericum, Helleborus, *Nat sulph*

Cyanosis (lack of oxygen)

Carbo veg, Camphora, Cuprum met, Digitalis, Iachesis, laurocerasus, Opium, Veratrum album, *Ant tart, Ammon carb*

Dehydration

China, Chin sulph, Phos ac, Calc carb

Dislocations

Rhus tox, Ruta, lycopodium, Calc carb, Natrum carb, *Bryonia*

Electric shock *Phosphorus, Helleborus*

Exhaustion see Collapse

Falls

Arnica, Calendula, Hypericum, Nat sulph, Ruta

Fever from trauma

Arnica, *Aconite, Arsenicum album Lachesis, Pyrogen*

Fever (pyrexia) from infection

Aconite, Belladonna, Baptisia, Pyrogen, Echinacea, Arsenicum album, Gelsemium, Eupat perf

Foaling

Arnica, Caulophyllum, Causticum, *Bellis, Calc phos, Secale, Pulsatilla, Kali carb, China*

Fractures (to heal)

Symphytum, Calc phos, *Ruta, Silica, Calendula*, Bovista (to reduce swelling where the fracture involves a joint)

Fright

Aconite, Gelsemium, Ignatia, Opium

Gangrene

Secale, Anthracinum, Arsenicum album, Cantharis, Causticum, lachesis

Haematoma

Arnica, Hamamelis, *Phosphorus*, *Secale*, *Calc fluor*, *Silica*, *Crot Horr (if recurrent)*

Haemorrhage

Bright red in general Aconite, Ipecac, Millefolium Bright and watery Phosphorus, *Ferrum*,

Dark, black and watery Crocus

Dark and decomposing Crot horr, lachesis, Vipera

Dark and slow Hamamelis Thin Ferrum, Secale

With clots Sabina, Rhus tox, Platina, Chamomilla With dark clots Crocus, Elaps

Post-operative Strontium carb, Calendula Post-foaling, intermittent gushes, bright red Ipecac, Trillium

Bright red, persistent Sabina, Nitric acid, Millefolium Bright red, watery Phosphorus

Dark-coloured, persistent Secale

From torn blood vessels Erigeron

After trauma Arnica, Millefolium

With fear or anxiety Aconite

Heat stroke/exhaustion

Belladonna, Glonoine, *Gelsemium*, *China*, *Phos ac*

Hives (urticaria)

Apis, Arsenicum album, Histamine, ledum, Nat mur, Rhus tox, Sulphur, Urtica

Infection, sepsis, septicaemia

Hepar sui ph, Pyrogen, Baptisia, Anthracinum, Arnica, Arsenicum, Echinacea, lachesis, Croton Croton, Tarentula cubensis

Injuries, in general

Arnica, Calendula, Hypericum, Ruta, Nat sulph, Bryonia, Hamamelis, ledum, Rhus tox, Silica, Staphysagria, Symphytum

Bone - fractures Arnica, Bryonia, Calc phos, Carbolic acid, Ruta, *Symphytum, Calendula, Calc carb, Eupat perf, Silica, Hypericum*

Bone - crushed or splintered Carbolic acid

Back

Arnica, Bellis, Hypericum, Rhus tox, Ruta, *Kali carb*

Blood vessels

Millefolium

Brain (concussion)

Arnica, Cicuta, Helleborus, Hypericum, Nat sulph, Opium, *Cocculus, Ledum, Kali phos*

Eye

Aconite, Arnica, Calendula, Hypericum, ledum, Silica, Symphytum

Muscles

Arnica, Conium, *Calendula, Pulsatilla, Rhus tox, Sulphuric acid, Symphytum, Bellis Neck* Bryonia, Hypericum, Rhus tox, Ruta, *Calc carb, Symphytum*

Nerves

Arnica, Hypericum, Bellis, Calendula, *Phosphorus, Curare, Mag phos*

Joints

Bryonia, Ruta, Rhus tox, *Arnica, Bellis*

Pelvis

Bellis, Arnica, *Aesculus*, *Hypericum*, *Carbolic acid*, *Silica*, *Mezerium*

Periosteum

Fluoric acid, Ruta, Mezerium, Ph os ac, *Asafoetida*, *Symphytum*, *Aurum*,
Phosphorus Sphincters Staphysagria

Spine

Hypericum, *Helleborus* Spleen Ceanothus

Tendons

Arnica, Ruta, *Rhus tox*, *Ledum*, *Hamamelis*, *Calendula*, *Arg met*

Udder

Conium, Arnica

Laminitis

Very early stages Aconite, Belladonna, Secale

With more obvious symptoms add *Hypericum*, Pyrogen, as appropriate Kali carb,
Arnica, *Nux vom*, *lycopodium*

Lightning strike

Phosphorus

Lymphangitis

Very early stages Aconite, Belladonna

With more obvious symptoms Bothrops, Apis, Mang acetate, *Rhus tox*, Bufo,
Bovista

Severe Crot horr

Oedema

Apis mel

Over-exertion

Arnica, Rhus tox, *Hamamelis*, *Millefolium*, *Arsenicum album*

Pain

In general Hypericum, Chamomilla, Coffea, Staphysagria, Bryonia, Arnica, Magphos, Colocynthis, Spigelia

Abdominal- see Colic

With anxiety or restlessness Aconite, Arsenicum album, Phosphorus

With anger or violent behaviour Chamomilla, Hepar sui ph, Aurum, Staphysagria

Severe Chamomilla, Coffea, Aconite, Hepar sulph

Post-operative - See Pre- and Post-Operative Remedies, page 320.

Paralysis, in general

Hypericum, Causticum, Conium, Curare, Gelsemium, Zinc

Poisoning

Proud flesh

Nitric acid, Thuja, *Calendula*, *Arsenicum album*, *Silica*

Shock

Traumatic Aconite, Carbo veg, Arnica, Camphor, lachesis, Opium, Veratrum album

Mental Opium, Aconite, Arnica, *Gelsemium*, *Ignatia*

Skin

Abrasions Arnica, Hypericum, *Calendula* Blunt trauma Arnica, Bellis, Bryonia, ledum Cuts Arnica, *Calendula*, Staphysagria Cellulitis Mang acetate, Rhus tox, Apis mel Grazes Arnica, Hypericum

lacerations *Calendula*, Hypericum

Strain

Sprains

Arnica, Bryonia, Rhus tox, Ruta, *Causticum*, *Calc carb*, *Strontium*

Sunburn (photosensitisation)

Apis mel, Rhus tox, Rhus venata, Cantharis, Sol, Proteus

Tetanus (prevention)

ledum, Hypericum, Tetanus nosode

Vaccination reactions - localised Belladonna, Apis, Rhus tox, Ruta, Hepar sulph

Vaccination consequences from (vaccinosis) Thuja, Sulphur, Silica, Carcinoin, Malandrinum, Mezerium, Tuberculinum

Wounds

In general Arnica, Calendula, Hypericum, ledum, Pyrogen, Staphysagria

Bleeding (freely) Millefolium, Phosphorus, lachesis, Nitric acid

Puncture ledum, Hepar sui ph, Hypericum Gunshot Arnica, Hypericum, ledum, Apis mel Stab Hypericum, Staphysagria, Apis mel Surgical Arnica, Hypericum, Staphysagria Infection threatened ledum, Hepar sulph Infection present Hepar sulph, Anthracinum, Pyrogen, Gunpowder, Apis mel, lachesis, Crot horr, Calc sulph, Silica, Myristica seb,

Painful Staphysagria, Hypericum

DETAILED CONDITONS

EYE INJURIES

Arnica Montana 30c:Black-eye; eye hemorrhage. **Vision floaters** after an accident.

Aconitum Napellus 30c: Eye Injuries for acute inflammation from getting something in the eye.

Ledum Palustre 12c: Black eye with contused wound, bloodshot or bruised and caused by a soft object, with pain in the eyeball itself.

Ruta Graveolens 12c: Eye Injury if surrounding tissue is more injured or whole eye looks inflamed.

Symphytum 9c: Eye injury with pain in eye ball; trauma from a blunt instrument; eye bruises especially to the eye ball without swelling; black eye.

BONE FRACTURES & INJURIES

Arnica Montana 200c: Fractures and compound fractures after bone is set; [take Arnica 200c alternating with Symphytum 12c 3-4 times daily].

Symphytum 9c: Bone Fractures, to assist union, fractures that are slow to heal. To know if the bone is broken give Symphytum 30c and if it relieves the pain then the bone is broken, but if it does not relieve pain the bone is not broken.

Hypericum Perforatum 30c: Fractured jaw for the sensory nerve pain.

Ruta Graveolens 30c: Fractures, Broken Jaw: pain from fracture when the bones are severely contused; and to speed healing. **Bone injuries:**bruises, pain and injuries that are slow to heal; lumps as a result of a blow with a stick or a hammer or from bumping the shin bone; ailments from bone injury; extreme bone pain; broken jaw.

PUNCTURE WOUNDS

Ledum Palustre 30c: Puncture Wounds especially in Foot soles; needles, pins, nails and stab wounds from sharp pointed objects; wounded parts become cold, puffy, pale, mottled, with very little bleeding and are very sensitive to touch and better from cold compresses; to prevent tetanus take 30c immediately.

Staphysagria 30c: Stab Wounds caused by sharp instruments- stab, puncture, cuts.

Hypericum Perforatum 30c: Cuts and Wounds with **nerve pain** that is burning, stinging, shooting, throbbing; more painful than the wound appears; open and lacerated wounds; wounds with scurf. **Injuries** with **nerve pain** from puncture wounds, incised wounds and laceration; bruises and contusions; prostration from injuries; injury in which victim lies on their back, jerking head back.

BACK & SPINAL INJURIES

Hypericum 30c: Spinal Injury after a **fall**; spine very sensitive to touch; bad effects of spinal cord concussion; fall on coccyx and tailbone injury; blow or injury to base of spine; pain, great soreness, irritation and congestion in spinal cord; back and neck pain after injury.

Ruta 6c: Over-exertion, back sprains and strains; vertebrae slip out of place easily; with chronic back pain; from spinal wounds.

Arnica Montana 30c: Herniated Disc Immediately take Arnica 30c every 1/2 hr- up to 10 doses, then every four hours for up to 5 days and alternate with Ruta 6c.

Silica 12c: Injuries: to coccyx from a fall with painful soreness.

ACUTE AND SUDDEN ILLNESS

Aconitum Napellus 30c: Early Stages of a sudden illness when the patient is hot, thirsty, shivery, and can have high **fever**, pounding pulse, with anxiety and impatience; symptoms come on after exposure to sudden cold, dry, frosty, windy weather.

Arsenicum Album 30c: Acute Diseases: bacterial infections; streptococcus; staphylococcus; mumps. **Weakness:** with sudden and rapid onset with great **exhaustion** and **collapse**, as if about to die; too weak to move, and excessive weakness from any exertion. Worse from cold, on rising, wine, after eating and moving bowels, and better lying still.

Baptisia 12c: Acute and Sudden Illness: Acute diseases with septic high fevers and complaints have the appearance of infections like scarlet fever, diphtheria, typhoid, and the plague. With septic conditions of the blood, malarial poisoning and extreme prostration. Loss of strength with weakness and low fevers.

COMMON COLDS

Bryonia 30c: Taken immediately it will abort a cold with sneezing, aching limbs, or fever; a chest cold that moves downward into the chest with a dry cough; better in open air.

Gelsemium 30c: **Colds** that are influenza-like, with aching; watery discharge makes nostrils sore; eyelids heavy; coated tongue; dull, heavy, achy, drowsy, sluggish, weak; limbs chilly, shivering, chills up and down spine; with sore throat and difficulty swallowing; no thirst; frequent urination; colds are worse from change in weather, morning, passing urine, and better from open air, outdoors, near a fire.

Mercurius Sol 12c: **Colds** in which the nasal symptoms are key, with sudden and frequent sneezing, nose sore, raw with profuse watery discharge that burns, upper lip and nostrils become raw and ulcerated; with profuse sweating, excessive salivation, bad breath, sore throat, cough that is dry, tickling, hacking with green mucus, and nose may bleed with chilliness; watery eyes with sensitivity to light, worse from warmth of bed or heat of fire; mucous becomes thick and yellowish-green; worse for heat or cold, and at night.

Natrum Muriaticum 12c: Stops a cold in the early stage, that starts with sneezing; also influenza-like colds, with lots of fluent discharge, sneezing, mucous like raw egg white, blocked nose, cold sores; with sinusitis; worse in the morning.

Aconitum 30c: Sudden **head colds** with **high fevers**. Fever with intense, dry, burning heat that is internal, and alternating with coldness and chills, succession of chills followed by heat with sweat, waves of chills along the spine, with thirst; sweating profuse; one cheek is red and hot, the other pale and cold; symptoms are worse in the evening, at night, and in bed, and better uncovering and from sweating.

Arsenicum Album 30c: **Colds** with thin, fluent, watery discharge (especially right nostril), burning discharge (possibly blood streaked) causing sore and red nostrils and upper lip; violent and frequent sneezing spasms; chilly and thirsty; nose is blocked at night and worse initially of right nostril; lips are cracked and may bleed; eyes are dry and burning; with headaches and sinusitis; later can become thick, yellow discharge, and move to chest.

INFLUENZA

Gelsemium 30c, 200c:**Influenza** symptoms with slow onset or to prevent in case having been exposed to someone infected [30c 2-3 times daily to prevent], or if already manifested [200c 2-3 times daily]; with extreme chilliness, shivering and chills especially up and down the back, overall weakness, paralyzing exhaustion, numbness, heaviness, muscle aches, stiffness of limbs, stiff neck, runny nose, shivering, trembling in limbs; with fever and malaise;

Arsenicum Album 30c: Intestinal flu with nausea, vomiting, diarrhea and exhaustion; fearful from vomiting; Flu's that start to come on after a chill, change of temperature and exhaustion; with neuralgia, fever and thirst.

Bryonia 30c: Respiratory flu with chest cold and dry cough; bronchitis; aching in every muscle and cannot bear to move a muscle. **Stomach flu** with gastric complaints and fever.

Eupatorium Perfoliatum 12c: Flu with intense **bone pain** and violent aching as if broken, dares not move, muscle aches in chest, back and limbs, aching in extremities, fever with great thirst, burning heat, shivers and chills begin in the small of back, bursting headache with soreness internally and restlessness, sore eyeballs, desire for warmth; stomach flu with nausea at sight or smell of food, with vomiting of food and bile, with fever.

Baptisia 12c: Epidemic type flu's, with muscles pains and soreness all over, high fevers, profound prostration, weak and stiff limbs, stomach flu with gastric complaints and severe diarrhea.

Aconitum Napellus 30c: Generally for the immediate conditions and early stages of illness that come on rapidly and should be taken immediately in acute disease, after exposure to very cold winds while warming.

FEVERS

Aconitum 30c: Sudden **high fevers** with intense, dry, burning heat that is internal, external and ascending, and alternating with coldness and chills, succession of chills followed by heat with sweat, waves of chills along the spine, with thirst; continual, relapsing and intermittent in recent cases, with desire to uncover; sweating profuse; one cheek is red and hot, the other pale and cold; symptoms are worse in the evening, at night, and in bed, and better uncovering and from sweating.

Arsenicum Album 30c: Sudden fevers with the onset of a sudden disease, flu, measles etc., with dry burning heat, alternating with chills, with sweat and thirst, with gastric problems, with pain, paralysis, spasms, with anxiety, delirium, exhaustion and restlessness; worse at night and after midnight. **High Fevers** that come on in the evening 8-9 p.m., at night with dry, burning heat and not thirsty, at 2 a.m.

SHOCK & TRAUMA OF ACCIDENTS

Aconitum Napellus 200c: In any circumstance when there is an initial traumatic and violent shock to the system, such as from a **vehicle crash. Shock** after an injury, accidents or surgery; from animal bites. **Hyperventilation** from shock, anxiety, injury, acute illness. **Wounds** with shock, and that bleed freely.

Arnica Montana 1M, 200c, 30c: Accidents experienced during athletic sports or any other physical activity. **Injuries** with swelling and aching, soreness, and pain feels bruised or beaten; injury to male genitals; injuries from blows, including from blunt instruments, and causing much bleeding. **Shock and Trauma** to the whole system after traumatic injury; 1st remedy given in accidents and injury (especially traumatic). **Head Injuries** concussion, contusion, unconscious. concussions to base of spine (followed with Hypericum 30c); forgetful, memory loss and amnesia caused by a head injury; meningitis when symptoms start after a head injury. Arnica can be taken before and after a physical workout to prevent straining. Take 1M 1st during initial trauma, then 200c every 20 minutes for up to 6 doses, then 30c 2-4 times daily as needed until cure; depending on injury it may be alternated with another appropriate remedy such as Ruta.

Hypericum 30c: **Faintness** caused by the shock of an injury with intolerable nerve pains and inflammation, from **lacerations, deep wounds, stab and gunshot wounds**, with shooting pains which shoot up from the injury. Male genital injuries.

SPRAINS, STRAINS & SPORTS INJURIES

Arnica Montana 1M, 200c, 30c: **Sprains** that are very painful particularly of the ankles and forelegs; with pain; with bruising; also from over-exertion; worse from warmth, movement and reclining.

Sports injuries and weakness while and after playing sports, work-outs or exercising; wrenched muscle.

1M immediately upon injury, then follow with several doses of 200c, and next day 30c every hour for up to 6 doses. 30c can be taken before and after a physical workout as a preventative.

Ruta Graveolens 6c: **Sprains** with lameness after an ankle sprain; sprained with dislocated feeling; foot turns under from weak ankle.

Strains and complaints are often brought on from straining the part; overtraining or overexertion of parts but principally confined to parts that are of a tendinous character; of aponeurotic fibers and white fibrous tissue; of the flexor tendons especially; flexor tendons that are overtrained by exertion.

Ledum Palustre 12c: **Sprains** when the joints are swollen, cold and numb, but cold applications do not relieve.

Bellis Perennis 12c: **Sprains** that feel contracted as from elastic band around joint; sprains with great soreness and ligament injury; sprains with **Injury to Muscles** and muscular soreness acts on muscular fibers of the blood vessels; joints are sore.

Bryonia 12c: **Sprain** to ankle with damage to joint ligaments in which the joints feel hot, painful, swollen, stiff, with redness; sprain to muscles and tendons from over exertion Symptoms are worse from least movement, motion, and better from pressure, lying on painful side. **Torn Muscle** if incapable of movement; burning pain.

Rhus-Tox 30c: **Strains** to muscles, tendons and ligaments, with painful swollen joints, skin red swollen, symptoms worse at night. Strains from lifting, with residual stiffness and rheumatic pain.

Hypericum Perforatum 30c: **Sprains and Strains** with severe pain and inflammation. Also male genital injuries with nerve pain.

BRUISES

Arnica Montana 30c: **Bruises** to soft sensitive parts of flesh or muscle; **black and blue marks** (it repairs damaged blood vessels and reduces swelling); blood blisters after an injury.

Ruta 12c: **Bruises** that go away slowly and leave a hardened spot; thickening of periosteum; a knotty nodular condition it remains sore; slow repair; a lump in the periosteum that has existed for months or years; sensitive and sore and nodular.

Symphytum 12c: Blows from blunt instruments, that cause black and blue marks; injury to hard parts that are penetrating to perineum and bones.

WOUNDS

A wound is a break in the continuity of the skin. Wounds can range from shallow, partial thickness wounds that involve only the superficial layers, to full thickness wounds that reveal deeper tissues – perhaps muscle, tendon, ligament or bone. The wound location and the tissues involved are more critical than the overall appearance of the wound. We as a veterinary surgeon usually need to see the

wound to advise on the best course of treatment and possible complications. Even tiny wounds close to a joint on the limb can be very serious. Despite their size, we have to take these small wounds very seriously and may undertake further investigation.

A wound is a type of injury which happens relatively quickly in which skin is torn, cut, or punctured (an open wound), or where blunt force trauma causes a contusion (a closed wound). In pathology, it specifically refers to a sharp injury which damages the epidermis of the skin.

In general

- a)* Initial treatment depends on the cause and nature of the wound. Regardless of the type of wound, start treatment with three or four doses of Arnica 200c given over the first day. Continue over the following days, dosing twice daily until the wound has healed. All wounds should be cleaned with diluted Hypereal lotion twice daily.
- b)* Where a fever develops following a wound, use Pyrogen 1M, dosing every hour until an improvement is seen. For suppurating, infected wounds use Hepar sulph 200c, three times daily and for slow healing, chronic wounds use Silica 200c or Graphite 200c.
- c)* The other remedies which will help with slow healing wounds are Calendula 30c and Carcinosin 30c. Wounds which bleed should be treated with Lachesis 30c where there is dark oozing blood, Phosphorus 30c where there is continued bleeding from even the smallest wound and Millefolium 30c for wounds that bleed freely. Dose every hour until the bleeding stops.

Puncture wounds

- d)* This type of wound is caused by the penetration of the skin by a sharp object such as a stake or from a bite. Injection sites can also be considered to be puncture wounds.

- e) Use *Ledum* 30c (dose three times daily) to reduce the risk of tetanus and to prevent infection.
- f) *Hepar sulph* 200c should be used where the risk of infection is great or where the wound is very sensitive to touch. This remedy should be used where infection or suppuration is already apparent. Dose three times daily. Where much pain is evident add *Hypericum* 30c three times daily.

Cuts, lacerations and tears

- g) Injuries of this nature are often the result of becoming entwined with barbed wire. Use *Hypericum* 30c three times daily to help with the pain and to reduce the risk of tetanus.
- h) Where there is continued bleeding try *Phosphorus* 30c dosing every 30 minutes until the bleeding stops.
- i) *Calendula* 30c will help specifically with healing wounds of this nature. Dose three times daily.

Incised wounds

- j) This type of wound can be caused maliciously with a knife or blade and has clean clear, cut edges. Surgical wounds also fall into this category. Giving either *Hypericum* 30c or *Staphysagria* 30c (especially where the horse appears irritable) three times daily can help with the pain aspect.
- k) Where there is seepage of blood following wound suturing consider dosing every 30 minutes with *Millefolium* 30c or with *Strontia* 30c where there is also evidence of shock.
- l) Clean wounds with **Hyper-Cal** lotion, which is a mixture of **Hypericum** tincture, **Calendula** tincture and water, 1 to 1 to 9, (Avoid using tap water).
- m) *Aconite* is the first aid remedy for any trauma, shock or injury; use it immediately. Its primary indication is fear.

- n) Arnica is for bruising, falls, blows, soreness, bleeding wounds and septic conditions, and for sprains, strains or broken bones. The dog or cat fears touch or being approached; she wants to be left alone; she is nervous and hypersensitive.
- o) Calendula Ointment: Quickly heals wounds by fast granulation tissue formation. Mother Tincture Calendula: Used as an external application to heal wounds and in surgery to dress the fresh wound.
- p) Hypericum is used for any injuries affecting the nerves and tissues; it also prevents tetanus in puncture wounds. The main symptom is extreme pain; it is used after surgery, after animal fights that have resulted in bite wounds, and for crushed toes or tail tips. The pet is melancholy and may be in shock.
- q) For pain from a puncture wound, give **Ledum** 30c, 4 times a day. Ledum may also help prevent Tetanus.
- r) **Hypericum** 30c, 4 times a day, is the remedy for injuries to nerves and nerve endings. Pinched or crushed toes, claws, and nail injuries will obtain relief from Hypericum. Prolonged sensitivity in an amputated digit and painful lacerated wounds are relieved by Hypericum.
- s) Granulations in wounds (proud-flesh), Silic. 6, 4h. ; locally finely powdered blue stone to be dusted on.
- t) For dog bite or other animal bites wounds ,or simple lacerated wounds encounter in clinics use **Arnica**200, **Ledum Pal** 1M Potency alternatively four pills each every 15 mts. decrease pain help in instant healing in 48 hrs. Each drug 6 to 15 doses as per requirement. plan to use those drugs within 12hrs.
- u) If wound is in nervine area like fingers ,pads, ear, tail etc may have to add Hypericum200 many doses. Helpful in minor or major operations also in which we incise skin later unite with sutures.

for dog bite wounds....Symphytum 30, Ledum pal 200 many a times When needed include Hypericum 200 and made the case success.

Use one of the following homeopathic remedies to speed wound healing:

Aconite is the first aid remedy for any trauma, shock or injury; use it immediately. Its primary indication is fear.

Arnica Montana : is for bruising, falls, blows, soreness, bleeding wounds and septic conditions, and for sprains, strains or broken bones. The dog or cat fears touch or being approached; she wants to be left alone; she is nervous and hyper-sensitive. With powerful anti-inflammatory and tissue healing properties, it is used extensively to treat shock, injury and bruising and post-operative care. Arnica also helps to control bleeding. It may reduce the pain in especially traumatic lacerations. We generally use Arnica for blunt trauma, and it may be helpful in cuts if the cut was from blunt trauma rather than a sharp object. Take the homeopathic Arnica internally, but the Arnica Mother Tincture is only for external use on unbroken skin.

Astragalus: Recent research confirms the positive effect of Astragalus on immune functioning and its ability to help the body fight against illness and disease. It is an excellent anti-inflammatory herb and very effective at promoting the healing of wounds and injuries as well as chronic skin conditions, sores and abscesses.

Calendula officinalis :acts systemically to heal wounds and prevent or treat infections. This ingredient is highly effective in aiding post-operative recovery, reducing scarring and treating pain. Use it for shallow wounds, or use it later in wound healing, after the deeper tissue has healed and only skin healing remains. This is true for topical use as well. As one of the primary remedies for lacerations, *Calendula* greatly speeds the body's healing of wounds. It has a reputation for occasionally healing the skin before deeper tissues clean and heal themselves, resulting in an abscess since inflammatory debris (pus) cannot escape.

Carbolic acid: This remedy is useful in wounds that are seriously infected and slow to heal.

Echinacea: increases the activity of the immune system cells, stimulates new tissue growth for wound healing, reduces inflammation and inhibits growth of bacteria, viruses and fungi.

Gun Powder 3X: The great sphere of action of gunpowder is in cases of septic suppuration - or, in other words - of wounds that have become poisoned with the germs of putrefaction. That is to say, it will not only cure septic suppuration when present, but it will afford such protection to the organism against harmful germs, that wounds will be less likely to become septic in one who is under its influence...It was the great ‘antibiotic’ long before Sulphonamides and Penicillin were discovered. Madras was famous for its “Mango Boils” as summer boils were called -especially attacking the younger generations. It became famous as the curer of these - with a standard Boenninghausen type formula with constitution medicines like - Arnica 1000, Hepar sulph 1000, Tuberculinum 1000 or Sulphur 1000 -at intervals of 5 to 6 days - and Gun Powder 3x - 3 doses daily for 1 week. It is effective even now for other boils and infections.

Hypericum perforatum; is used for any injuries affecting the nerves and tissues; it also prevents tetanus in puncture wounds. The main symptom is extreme pain; it is used after surgery, after animal fights that have resulted in bite wounds, and for crushed toes or tail tips. The pet is melancholy and may be in shock.Both topically and in potency, Hypericum is helpful for wound healing. It often reduces the pain of wounds, especially in areas with a lot of nerves such as the toes, tongue, and tail. If the wound is especially painful, consider *Hypericum*.

Staphysgaria: This remedy is also very helpful for alleviating pain, especially in lacerations from very sharp objects-including surgical wounds.

We have used the following homeopathic remedies to speed up wound healing in Avian wound Management according to the case presented.

Condition	Homeopathic Remedy	Comments
beak injuries:- Many birds suffer beak injuries during the course of their lives. The horny beak or bill is a hard, tough, keratinised epidermal structure in birds of prey, as well as seed and grass eaters. In waterfowl	Arnica30+ Symphytu m30+ ,Ruta grav.30	Arnica suits particularly injuries to soft parts, such as accompany fractures, dislocations, bruises, ecchymoses Injuries to bone, such as a bruises of bones or

<p>such as ducks, geese and swans (<i>Anatidae</i>) the beak is much thinner and softer.</p>		<p>fractures indicate this remedy. It greatly favors the formation of callus,</p>
<p>Head and Scalp injuries:- Head injuries may arise following collision with a motor vehicle, window or aviary wall. They may also result from territorial disputes between birds of the same species (conspecific fighting) or as a result of attacks between birds of different species (interspecific fighting). The injuries can be quite severe and may involve damage to the eye, periocular tissues, oral and perioral tissues as well as the sinuses.</p>	<p>Arnica 30+</p>	<p>If your pet has been in a fight with other animals. Given every 2 hours for the first 2-3 days will help heal shock, bruising, trauma, and swelling.</p>
<p>Barbed wire injuries:--Birds caught on barbed wire are likely to struggle violently in an attempt to free themselves. Considerable soft tissue trauma is likely to result from this struggling. The barb, of the barbed wire, may only be caught in the skin, but it may also catch in and damage underlying tissues. The skin overlying the wing is thin and closely adhered to the underlying tissues, and can be easily damaged. Damage to the tendons of the propatagial membrane and wing are especially</p>	<p>Arnica30+</p>	<p>The wound was then closed with simple interrupted absorbable sutures (3/0 Vicryl) and a protective coating of aluminium powder applied over the wound (Aluspray). Broad-spectrum antibiotic cover was provided for seven days with clavulanate amoxicillin (Synulox) 150mg/kg orally twice daily. The wound healed uneventfully and the bird was released soon after.</p>

<p>common and are likely to be very serious.</p>		
<p>caught-by-cat (CBC) flesh wounds,-- Cat bites may range from tiny puncture wounds to lacerations. The muscle underneath a puncture wound may be lacerated due to the action of the teeth in immobile muscle (relative to the skin). Septicaemia is a common sequel to a cat bite, while other routes of infection have also been suggested. Birds may ingest organisms from cat saliva-coated feathers during preening leading to gastrointestinal disease and septicaemia. Cats carry <i>Pasteurella multocida</i> on their gingival tissue and teeth and antibiotics are therefore always indicated in any bird attacked by a cat.</p>	<p>Urtica Urens 30C Ledum Arnica</p>	<p>Bite wounds should be aggressively cleaned and flushed with saline or 0.05% chlorhexidine. Flushing may need to be repeated. Puncture wounds can be left open to drain but lacerations should be dressed to protect the underlying tissues. Some puncture wounds may need to be opened up to facilitate access to the underlying traumatised tissues.</p> <p>Where the pectoral muscles have been lacerated, aggressive cleaning and debridement is indicated under general anaesthesia.</p>
<p>Dog Bite wounds:-Whilst cats are adept at catching small, usually juvenile, passerines (eg sparrows), doves and pigeons, it is not unusual for dogs to attack waterfowl who are perhaps less mobile than passerines and easier to chase. Dogs always attack from behind and it is perhaps for this reason that the tail and rump area is most often targeted. Some of these injuries can be very severe and vulnerable to fly strike. Infection</p>	<p>Arnica</p>	<p>Helps stop bleeding, aids the healing of wounds, reduces bruising and muscular pain from sprains, over-exertion etc</p> <p>After any injury one should always give doses of Arnica. It should be given for a day before and after surgery. Give Arnica for example after the Aconite in a road accident. Take some after falls or dog bites. Three to 4 times daily for 2 days is usually</p>

<p>tracks readily between the fascial layers of the tail muscles and euthanasia may be the only option in many cases .</p>		<p>indicated.</p>
<p>power cable injuries :- Collisions of this nature are likely to result in injuries to the neck and to other parts of the body. Injuries will not only arise as a result of the initial impact on the line, but also as a result of the subsequent crash-landing. Electrical burns will occur where contact has been made between two wires. The manifestation of electrical injuries can be insidious and all birds found adjacent to power lines should be thoroughly and repeatedly examined for signs of burns to the feathers, skin or musculature over a period of up to five days.</p>	<p>Urtica Urens 30C</p>	<p>Used for: Insect bites or stings Nettle rash</p>
<p>Keel wounds are usually seen in sick and debilitated birds. Such birds spend long periods sitting down and will fall heavily onto their keels through weakness. The development of a pressure ulcer is a progressive process that will eventually result in bone necrosis.</p>	<p>Rescue Remedy</p>	<p>Treatment will only be successful if the underlying problems are properly addressed. It is recommended that treatment should only be attempted in the mildest of cases where</p>
<p>Carpal Injury:- Trauma to the skin and tissues overlying the carpal joint can easily lead to complications. Tendon sheath infections and joint</p>	<p>Arnica Rhus Tox</p>	

<p>infections are very serious and appropriate wound management techniques are indicated to ensure that carpal injuries do not lead to complications.</p>		
<p>Uncomplicated foot injuries may be treated with some success. Trauma to the foot when hitting a wire, motor vehicle or other object in flight can produce wounds (and fractures) to the dorsal surface of the foot and lower leg. Knuckling over of the foot on impact, when hitting such objects, can produce severe trauma to the integument over joints . Closure of these injuries can be hampered by lack of tissue, but supporting the foot with a swan shoe, for example, can help</p>	<p>Calendula Hypercal</p>	<p>Clean with water removing any foreign bodies and then apply Calendula or Hypercal lotion after drying. Continue applying twice daily while healing.</p> <p>Use it for shallow wounds, or use it later in wound healing, after the deeper tissue has healed and only skin healing remains. This is true for topical use as well.</p> <p>As one of the primary remedies for lacerations, <i>Calendula</i> greatly speeds the body's healing of wounds.</p>
<p>Crush injuries</p>	<p>Hypericum</p>	<p>Tail stuck in the door? Crushed fingers and tooth pain from a broken tooth will be less painful if given a dose of Hypericum hourly for 4 doses or so.</p>
<p>Bumblefoot:-The encapsulated mass was dissected away from the underlying tissues by blunt dissection and removed as an entire mass . The skin was then closed with a series of monofilament absorbable (3/0 PDS)</p>	<p>Arsenicum Alb 30C Merc Viv 15C Nux</p>	<p>.. Calendula lotion was applied to the wound and dressed using a swan shoe. The sutures were removed after 12 days. Premature removal of the sutures should be avoided as the</p>

mattress sutures as these are less likely to lead to infection in the wound or produce tissue reaction	vomica	wound can easily break down if loaded
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TOXIC POISONING, CHEMICAL SENSITIVITIES & ALLERGIC REACTIONS:

Apis 12c: Is the homeopathic **Anti-inflammatory and Anti-histamine**. Multiple Chemical Sensitivities. Hypersensitive and anaphylactic shock from allergens, chemicals, antibiotics such as penicillin, and certain foods like nuts; with swelling of tongue, lips, eyelids, and possibly difficulty breathing. **Sore Throat** due to allergy; back of throat bright red, swollen uvula, pain is burning and stinging; mouth is dry, without thirst, tongue and throat are red. Many symptoms in the **mouth** caused by allergic reactions. **Tongue** dryness; scalded feeling with burning pain as if burnt. **Coughs** short dry, hollow cough from allergies and pollutants; from irritation in throat-pit; suffocative; with crawling sensation and tickling in chest that prevents sleep. Allergic reaction to insect stings and bites from bees, wasps, spider, mosquito, and jellyfish; with rapid swelling and large shiny red lumps that itch, burn or sting. **Symptoms** are worse from heat and touch, and better from cold applications and air.

Arsenicum Album 30c: **Prone to allergies** and the toxic effects of **pesticides, chemicals, Multiple Chemical Sensitivities** with extreme sensitivity to pollutants, and other toxic elements with anaphylaxis reaction. **Food allergies** especially to milk, wheat, sugar, ice cream, with hypoglycemia. Very sensitive to **odors** with acute sense of smell, and also imagines odors. Symptoms are worse from cold, wet weather, after midnight, and better from heat, in the morning. and elevating head.

Phosphorus 12c: **Toxic Poisoning** from chemical fumes; chloroform; with panting and gasping for air. **Hypersensitive to strong odors**, and highly aromatic such as flowers, or of chemicals and gases. Asthma related to allergies, worse from humid weather. Coughs and headaches from strong odors; sinusitis; very sensitive to gas fumes. **Multiple Chemical Sensitivities** especially those with reactions to strong odors and respiratory problems; hypersensitive to smells and illusions of odors; acute sense of smell with sensitivity to gas fumes, which cause vertigo. Very sensitive to the atmosphere. Ailments from electric shocks, being struck by **lightning**. And, ailments after **electro shock therapy** (Electro Convulsive

Therapy). Symptoms are worse from electrical changes, twilight, left side, cold, and better from sympathy, and warmth.

Bovista 30c: Until medical help arrives to prevent death caused by **suffocation from gas fumes** or **asphyxia** due to fumes of **tar and charcoal**. **Toxic Poisoning** in an individual who has been down in a mine, in the swamp, down in the mud, in the sewers, who has inhaled foul gases.

Carbo Vegetabilis 30c: Asphyxia from **carbon monoxide** poisoning, and Situations in which there is a **lack of oxygen** with difficult and accelerated breathing.

ADVERSE REACTIONS TO DRUGS:

Arsenicum Album 30c: **Hypersensitive** and allergic to **allopathic drugs** of any kind and especially antibiotics. Over-reacts to allopathic drugs without curing. Side-affects from chemotherapy. Anaphylaxis reaction, exhaustion, collapse, insomnia, restlessness and great weakness; prophylactic protection if taken before and during drugging. Drug **overdose**. **Fearful** of being disabled, of never recovering, of medicine. Symptoms are worse from cold, and better from heat and in the morning.

Sulphur 12c: **Hypersensitive** reactions to allopathic drugs especially antibiotics, with candida infection. **Oversensitive** from prescription drugging, constipation from drug abuse, insomnia after drugging and in spite taking narcotics; symptoms are generally worse from idleness. Sulphur aids in cleansing system of previous allopathic drugging, and to counteract drug suppression of disease. Symptoms are worse from heat of any kind, in a warm bed, and better from open air, and after perspiring.

Cadmium Sulphuricum 30c: For **Chemotherapy and Radiation Therapy**, to antidote the severe side effects of these cancer therapies which cause violent nausea, retching, and persistent vomiting which may be black; [30c may cause patient to throw up soon after remedy and then they feel much better]; lifts spirits of cancer sufferer in general; many of these patients die because they cannot eat but this remedy can save them.

Phosphorus 30c: Hypersensitivity to anesthesia drugs and narcotics. **Drug dependency** on prescription drugs with need for instant gratification. **Perspiration odor** like the corresponding drug.

Arnica 200c: **Convulsions** after drugs.

Gelsemium 200c: **Drug overdose** and insomnia after drugs.

ALLERGY & FLU SHOTS

Gelsemium 200c: Ailments and bad reaction to flu shots. Ailments from **Allergy Injections**.

Thuja 30c: Ailments from Flu vaccinations; anxiety; restlessness; insomnia; stomach pain; diarrhea; cough; conjunctivitis; headache.

INJECTIONS

Ledum 30c: Injections: puncture wound from them becomes cold, puffy, pale, mottled, with very little bleeding and are very sensitive to touch and better from cold compresses; after affects of **steroid** and cortisone injections. Jaw stiffness after **dental** injection of local anesthesia; for puncture wound from a dental instrument especially if it has not bled sufficiently and when the site of injury feels cold. Use prophylactically to prevent side-effects.

Hypericum 30c: Pain from injections when the nerve trunk is damaged.

Ruta 12c: Pain after injections of local anesthesia in dental work.

VACCINATIONS

Thuja 12c: Acute toxic reactions after a vaccination with ailments of: swelling of upper arm and shoulder, atrophy of right arm after re-vaccination; eruptions; whitlows and suppuration of fingers; asthma; anxiety; restlessness; insomnia; stomach pain; diarrhea; cough; conjunctivitis; headache; convulsions; loss of speech and an imbecile-like state; **chronic ailments after** and has **not been well since**; to prevent side-effects.

Apis 12c: Sudden illness or shoulder swelling after a vaccination; edema at injection site of local anesthesia with burning or stinging pains.

DENTAL EMERGENCIES:

Mercurius Sol 6c: This is an amazing remedy when taken at the first sign of dental discomfort or pain, to either cure the problem or prevent further development **Toothaches** with pains that are aching, throbbing, pulsating, drawing, pressing, and soreness of the tooth; pain extending to ears and face; toothaches from decayed teeth, cold air and change in weather; toothache with an abscess, swollen cheek, swelling and decay generally at the crown and/or root of the tooth worse in the lower teeth, and bad breath; inflamed dentine; pain with involuntary flow of saliva; pain can alternate with dizziness, vertigo, and pain in limbs; **pain is worse** from cold foods and drinks, while eating, inhaling cold air, 9 p.m., at night in bed, warmth of bed, and on going to sleep; **pain is better** after sleep, from rubbing cheek, and external warm compresses. **Jaw** swelling, abscess, inflammation and decay.

Hypericum Perforatum 30c: **Injury** to dental nerves; traumatized tooth; injury to front teeth, **Toothaches** to relieve the pain of abscess and in the nerve; also use mother tincture locally on afflicted gums and teeth; pain is worse from cold, movement, 3-4 a.m., and better when lying on the painful side and keeping still.

Ruta 30c: **Dental Pain** from a **dry socket**, at the onset of an infected tooth socket. **Tooth Trauma** from a tooth loosened in the socket, or dislocated.

Staphysagria 12c: **Tooth extraction** for pain and nervousness after.

CALF-BIRTHING (GYNAE)

Arnica 200c: Ailments from a catheter or forceps at childbirth for mother and child; and before and after childbirth.

Hypericum 30c: Severe pain after delivery and after pains from instrumental delivery, e.g. forceps, with violent pains in the sacrum and hips, and severe headaches. Nerve pain from surgical incisions, e.g. cesarean delivery and episiotomy. Episiotomy, Cesarian delivery, forceps delivery, etc.

Arsenicum Album 12c: Inactive bladder, with suppression of urine and paralysis of splinter after childbirth and surgery; better from heat and lying in a hot bath.

Causticum 12c: Paralysis with no desire and difficulty urinating after calving.

IMPORTANT REMEDIES FOR GYNAE CASES

HOMOEOPATHIC DRUG HERE USED AS

Arnica	Pain killer, Bruised wounds
Aurum Iodum	in repeat breeders having anovulation/delayed ovulation
Aurum Iodum	Promotes follicular growth
Agnus castus	Helps in expressing oestrous' useful in silent heat
Aur Mur Nat Nat	Fibrolytic agent
Caulophyllum	Dilates ripened cervix.
Echinacea	Blood purifier, immune modulator
Gelsemium	for softening of cervix
Hamamelis	To prevent bleeding
Iodum	Specifically used in after effects of FMD
Natrum sulph	Used in oedema and cystic ovaries
Opium	Prepartum prolapse
Podophyllum	Used in eversion of uterus
Pulsatilla	Helps in correcting oestrus in heifers
Pyrogenium	Used in suppuration
Raphanus	Promotes ruminal movements
Ruta	Reduces inflammatory oedema
Sabal serrulata	Specific for hydrosalpinx
Sabina	Action on uterine mucosa
Sepia	Uterine infection, utero ovarian relation
Secale cornutum	Helps uterine contraction (use with Caulophyllum)
Thyroidinum	To induce heat, can reduce milk
Viburnum op	Reduces irritation to the uterus.

AN ACUTE MATERIA MEDICA

The following is a brief materia medica skewed to the acute symptoms and crisis situations seen in companion animals. It is far from exhaustive but is a good starting point for common maladies and common remedies.

***Aconitum napellus* (Monkshood)**

For symptoms after great fears, stresses, chills, or sudden and dramatic changes in weather. Dramatic display of symptoms after these situations. Great anxiety and fear in the patient, that “deer in the head lights” look. Very acute symptoms often before physical or pathological changes occur. Sudden onset fever with a thirsty patient, abortions, founder, colic, convulsions, and pneumonia.

***Antimonium tartarticum* (Tartar emetic)**

For respiratory conditions where there is a heavy rattling in the chest. Pneumonias, bronchitis, asthma and whooping cough with thick white mucous, difficulty breathing, and deep cough.

***Apis* (Honey bee poison)**

For tissues that are edematous, red, hot and extremely painful. Hives.

***Arnica montana* (Leopard’s Bane)**

For the affects of trauma of any sort. Bruising, bleeding, traumatic swellings, post parturient trauma – especially where the patient is standoffish and doesn’t want help. Pains after delivery.

***Arsenicum album* (White arsenic)**

One of the premier remedies for the gastrointestinal tract. Characterized by violent nausea and diarrhea, foul/putrid diarrhea, diarrhea containing undigested material, pain in the abdomen. Conditions accompanied with restlessness, extreme

chilliness, and a thirst for sips of cold water that are vomited. Suddenness of symptoms, prostration, weakness, and collapse. Severe burns.

***Baptisia tinctoria* (Wild indigo)**

Remedy for influenzas that cause a profound prostration, weakness of the neck so head cannot be held in position, and with the inability to swallow food, only water.

***Belladonna* (Deadly nightshade)**

Symptom complexes characterized by sudden and high fevers, redness, pain, thirstlessness, dilated pupils and panting. Great remedy for small children with bright red, painful ears who wake up screaming in pain. Also a good remedy for migraine headaches when there is extreme sensitivity to light and noise. Heatstroke. Any condition with red, burning, dry mucous membranes or tissues. Red eruptions on the skin with high fevers.

***Bryonia alba* (Wild hops)**

Any condition worse from any movement. Pleurisy and pneumonia when even the movement of breathing is painful.

Calcarea phosphoricum

For those runts and stunted infants that won't grow.

***Calendula officinalis* (English marigold)**

Well indicated for jagged, ragged, extremely painful cuts and abrasions.

***Cantharis* (Blister beetle, Spanish fly)**

Primarily a remedy for blistered burns but also indicated in cystitis where there is a burning and urging to urinate. Also indicated in conditions where there is a concomitant of burning and urging in the bladder.

***Carbo vegetabilis* (Vegetable carbon)**

For bloating and conditions of trapped gas in the intestinal tract. Colics, volvulus and gastric torsions where there is bloating. Collapse, near death, with pale and/or blue mucous membranes.

***China officinalis* (Peruvian bark)**

Historically used for malarial or remittent fevers. On the farm it is a useful remedy when the patient is collapsed from the loss of bodily fluids—diarrhea, vomiting, bleeding, lactation, etc. Also for bloating colics not relieved by the passing of gas.

***Cocculus* (Indian cockles)**

Severe nausea with vertigo. Motion sickness. Carsickness with nausea and vomiting.

***Colocynthis* (Bitter apple)**

Cramping colics that bend the patient double. Relief is felt if bent double or if hard pressure is applied.

***Drosera* (Sundew)**

A good remedy for repetitive, dry, barking coughs. Kennel cough.

***Dulcamara* (Bittersweet)**

A good remedy for symptoms which are worse in the cold and damp or that come on when the weather changes from hot to cold and damp.

***Eupatorium perfoliatum* (Boneset)**

When there are influenza type symptoms with a loose cough and catarrh accompanied with musculoskeletal pain, especially in the bones. Bones too painful to walk, sit, or lie down comfortably with accompanying respiratory symptoms.

***Euphrasia* (Eye-bright)**

Eyes watery, tearing, excoriations around eye, conjunctivitis, swelling of tissues surrounding eyeball – all the symptoms that make this a good remedy for pink eye.

Gelsemium sempervirens

One of the principle remedies of the Spanish Flu Epidemic of 1917. Very sudden onset of deep respiratory symptoms, maybe with suffocation caused by bleeding into the lung. Performance anxiety.

Gunpowder

No formal proving but information is from Clarke's work and from the experience of soldiers during WWI. Indicated in any open wound that is or may become infected.

***Hepar Sulph* (Sulphide of Calcium)**

This was one of Hahnemann's premier remedies. It finds application for any condition, especially of the skin, with exquisite sensitiveness, cannot bear even the slightest touch. Tendency to abscess, very painful abscesses or developing abscesses.

***Hypericum* (St. John's Wort)**

This is a remedy no home should be without. *Hypericum* is the remedy when there is trauma to highly enervated tissues – crushed fingers and toes, spinal injuries, broken tails, after dental work. The pains of *Hypericum* shoot along the nerves. This is a really good remedy for children who have had their orthodontics adjusted. *Hypericum* is also indicated for deep puncture wounds such as nail punctures, cat bites, or injection site reactions. It is said to prevent tetanus in these situations.

***Ipecacuanha* (Ipecac)**

Ipecacuanha is a remedy with two distinct indications. First is its use in nausea and vomiting, especially if the vomit is clear mucous like egg whites. Patient vomits then has the urge to vomit again. Profuse salivation can accompany nausea. The second indication for Ipecac is in bleeding tendencies where it may look similar to *Phosphorus* – bright red blood from any or every orifice. Especially if accompanied with nausea, vomiting, or diarrhea.

***Nux vomica* (Poison nut)**

A remedy of excesses. Indicated when there are conditions arising from overeating – indigestion, diarrhea, vomiting, tenesmus, rectal prolapse – especially when the animal is irritable and short tempered.

Phosphorus

The symptoms of *Phosphorus* are seen throughout the body. Predominant among these are a tendency to hemorrhage bright red blood and small wounds that bleed excessively. *Phosphorus* is an important remedy in diarrheas, pneumonias, reproductive disorders, and skin disorders of various sorts. The typical *Phosphorus* patient is quick, nervous, fearful (especially of thunderstorms and sudden loud noises), and has a real driving thirst for cold water (which is vomited once it becomes warm in the stomach).

Pulsatilla

A polychrest with many indications. Acutely it is used in conditions with thick, bland discharges and/or with birthing difficulties and fetal malpositions.

***Rhus toxicodendron* (Poison oak)**

If you have ever experienced a case of poison oak or poison ivy, you have a good idea for the indications of *Rhus toxicodendron* for skin symptoms. Of importance is the use of *Rhus toxicodendron* for strains and sprains in the joints and for lameness that is better for movement and worse for rest.

***Ruta* (Rue)**

Lameness that may look much like *Rhus toxicodendron* except more from bruising and injuries of the bones.

***Sepia officinalis* (Cuttle fish ink)**

Primarily considered to be a female remedy but has applications for both sexes. *Sepia* patients have a tendency to abort in the middle trimester and to retain the placenta after abortion. There is a tendency to sterility, to uterine infections with vaginal discharges, and prolapses. For the females that do give live births, there is a tendency for them to be poor mothers – abandoning the young, attacking the young, having nothing to do with the young.

***Silicea* (Silica)**

This is another of the remedies whose chief sphere of action is chronic disease but also has application in acute disease and acute exacerbations of chronic disease. *Silicea* is an excellent remedy for resolving abscesses. The abscesses of *Silicea* are slow to suppurate. *Silicea* will either force the abscess to drain or to be absorbed. This makes it an excellent remedy for lameness due to abscesses in the hoof. *Silicea* will also help resolve swollen glands, whether due to abscesses or not. Another asset of *Silicea* is that it will force the expulsion of foreign bodies – splinters, porcupine quills, etc.

***Symphytum* (Comfrey)**

Known as boneset by herbalists, *Symphytum* has the same action in potency. It is indicated in fractured bones, non or delayed union fractures, and pain from fractures to speed healing. *Symphytum* is also indicated for blunt trauma to the eye.

***Thuja occidentalis* (Eastern White Cedar)**

Pedunculated, cauliflower like warts. Slow hair regrowth or dry, dull hair. Cookbook homeopaths give it after vaccinations (inappropriately).

REMEDIES FOR THE FIRST AID KIT

These are remedies that you should consider having in your first aid box. Start with a few and learn how to use them correctly before adding to your collection. The remedies are graded. The Vital remedies are those that you should always have without doubt. The remedies in the Essential list are those that

would complete a practical, basic, homeopathic first aid kit for horses. The remedies included in the next list, the Extras, are for the more experienced user with specific additions for the yard and stud as well as for endurance horses. The most practical potencies are given for each remedy and are best obtained as tablets packaged in amber glass vials for long-term storage. The final list covers External (topical) remedies.

VITAL

Aconite 200c

Apis 30c

Arnica 30c

Belladonna 200c

Bryonia 30c

Colocynth 30c

Echinacea 6c

Hepar sulph 200c

Ledum 30c

Nux vom 30c

Rhus tox 30c

Ruta grav 30c

Silica 30c

Sulphur 30c

Veratum alb 30c

Thuja 30c

Tuberculinum 200c

ESSENTIAL

Agaricus 30c

Antimonium tartrate 30c

Argentum nitricum 30c

Arnica 200c

Arsenicum album 30c

Bellis perennis 30c

Calc carb 30c

Calc fluor 30c

Calendula 30c

Cantharis 30c

Chamomilla 30c

Chelidonium 30c

Euphrasia 30c

Ferrum phos 30c

Heckla lava 6e

Hamamelis 30c

Gelsemium 30c

Graphites 30c

Hypericum 30c

Kreosotum 30c

Kali bich 30c

Lachesis 30c

Lycopodium 30c

Mere sol 30c

Millefolium 30c

Nat mur 30c

Petroleum 30c

Phosphorus 30c

Phytolaca 30c

Psorinum 200c

Pulsatilla 30c

Sabina 200c

Secale 200c

Senega 30c

Staphysagria 200c

Symphytum 6c

Urtica 30c

Bach Recovery or Rescue Remedy –

for routine use for panic, anxiety, fear and fright. Ideal for both rider and horse before any event. A combination of Bach Flower Essences: Clematis, Cherry Plum, Impatiens, Rock Rose and Star of Bethlehem.

Recovery Plus Emergency Spray - for extreme fear and panic; for major crisis situations. A combination of Bach Flower Essences; Aspen, Cherry Plum, Clematis, Impatiens, Mimulus, Rock Rose, Star of Bethlehem and White Chestnut in a non-alcoholic base.

External or topical treatments for the first aid kit

Arnica cream - Applied to bruised or traumatised tissues provided the skin is not broken

Calendula (Marigold) cream - Applied to soothe and heal sore skin or wounds

Calendula (Marigold) lotion or Cicatrin* lotion - Used to bathe and clean wounds of any type

Hypercal tincture (Hypericum and Calendula tinctures mixed) - Used to bathe, soothe and heal sores, wounds, cuts and ulcers. Dilute 1:25 with water before use

Euphrasia O, Euphrasia mother tincture - Used to treat eye problems. Dilute 2-3 drops in an eggcupful of cold boiled water or cold Chamomile tea

Ruta ointment - Applied topically to strained tendons or ligaments

Witch-hazel (distilled) an astringent - Applied us -'~ cotton wool to arrest local bleeding

Bach Recovery Plus Emergency Cream - Can be applied topically to any wound or sore area of sk:to assist healing

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