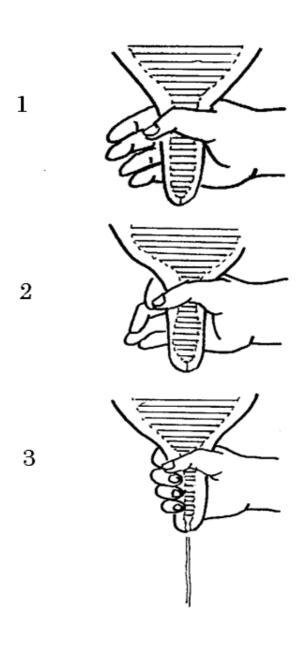
IX. RECOMMENDED MILKING METHOD

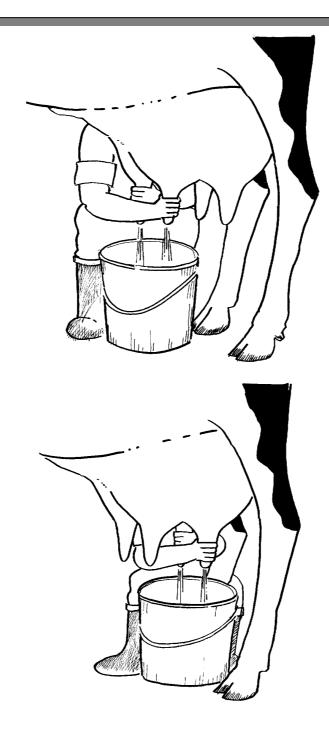
The recommended milking method is to use the whole hand (Full Hand Method). The method is:

- To milk by giving pressure of the finger one by one.
- The hand should be opened each time, so that the milk will refill the teat canal.
- Left and right hand should milk alternatively.
- Fore-quarters should be milked at first.



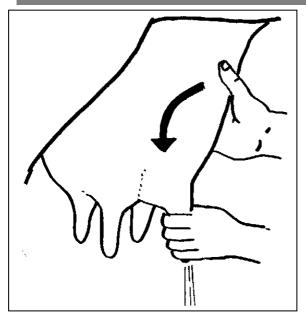
Advantages of Full Hand Method:

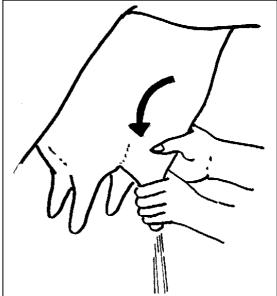
- a. The teats don't become longer
- b. The teat don't suffer abrasion
- c. To stimulate udder to produce more milk
- d. No need to use lubricant (vaseline), so that the teat is easier to sterilize with disinfectant.
- e. Infection from mastitis cow can be avoided.



The method to make the right fore-udder empty of milk:

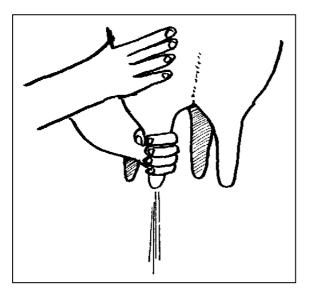
- Massage the udder with right hand. The thumb move to left side. Left hand milks.

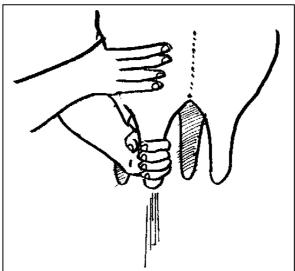




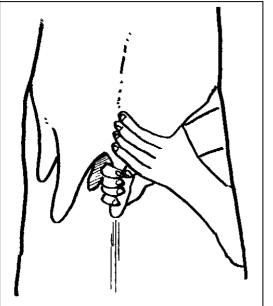
The method to make the left fore-udder empty of milk:

- Massage the udder with right hand from upside to down. The thumb move to left side. Right hand milks.





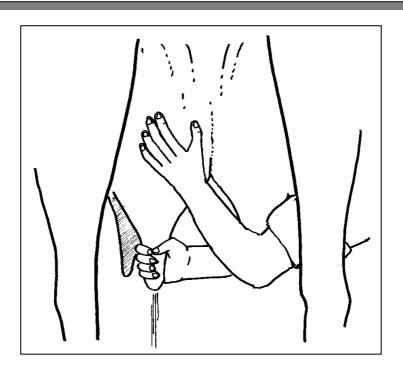
The method to make the right hind-udder empty of milk:
- Massage the udder with left hand. Right hand milks.





The method to make the left hind-udder empty of milk:

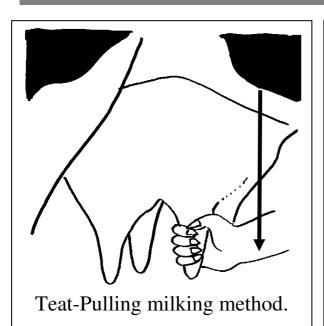
- Massage the udder with left hand from upside to down.
- Right hand milks.

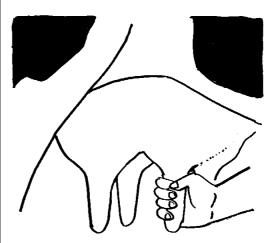


X. NOT-RECOMMENDED MILKING METHOD

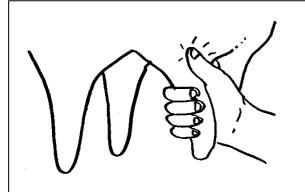
Not so good milking method, such as the teat-pulling milking will cause many problems as below:

- a. Cows feel hurt
- b. The teat become longer
- c. The teat will be often abraded and the teat orifice will open. As a result, the cow becomes easy to suffer mastitis.
- d. When Vaseline is continuously used as a lubricant, the bacteria infection cannot be avoided.
- e. The udder often becomes blind.

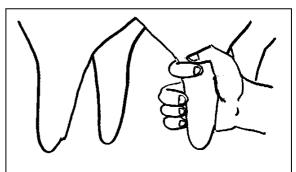




Holding the teat like this will cause abrasion of the teat.



The thumb doesn't close and directed to upper-side.



The thumb doesn't close and directed to upper-side.

During the milking it is better not to give them foods. When the cow moves too much, a little food can be given.

